

Case Study #1: Veronica



01

What “ism” or form of discrimination is present in the case study?
Circle one. Use the handout for help if you need it!

02

How could/does this type of discrimination (this “ism”) affect the
person’s body confidence and/or make their life difficult?

03

How can a middle schooler support a person experiencing this discrimination?

04

What’s wrong with the system that’s creating this problem?

Case Study #2: Skyler



01

What “ism” or form of discrimination is present in the case study?
Circle one. Use the handout for help if you need it!

02

How could/does this type of discrimination (this “ism”) affect the
person’s body confidence and/or make their life difficult?

03

How can a middle schooler support a person experiencing this discrimination?

04

What’s wrong with the system that’s creating this problem?

Case Study #3: Bodhi



01

What “ism” or form of discrimination is present in the case study?
Circle one. Use the handout for help if you need it!

02

How could/does this type of discrimination (this “ism”) affect the
person’s body confidence and/or make their life difficult?

03

How can a middle schooler support a person experiencing this discrimination?

04

What’s wrong with the system that’s creating this problem?

Case Study #4: Jada



01

What “ism” or form of discrimination is present in the case study?
Circle one. Use the handout for help if you need it!

02

How could/does this type of discrimination (this “ism”) affect the
person’s body confidence and/or make their life difficult?

03

How can a middle schooler support a person experiencing this discrimination?

04

What’s wrong with the system that’s creating this problem?

Case Study #5: Sam



01

What “ism” or form of discrimination is present in the case study?
Circle one. Use the handout for help if you need it!

02

How could/does this type of discrimination (this “ism”) affect the
person’s body confidence and/or make their life difficult?

03

How can a middle schooler support a person experiencing this discrimination?

04

What’s wrong with the system that’s creating this problem?

Case Study #6: Dakota



01

What “ism” or form of discrimination is present in the case study?
Circle one. Use the handout for help if you need it!

02

How could/does this type of discrimination (this “ism”) affect the
person’s body confidence and/or make their life difficult?

03

How can a middle schooler support a person experiencing this discrimination?

04

What’s wrong with the system that’s creating this problem?

Case Study #7:

Pax



01

What “ism” or form of discrimination is present in the case study?
Circle one. Use the handout for help if you need it!

02

How could/does this type of discrimination (this “ism”) affect the
person’s body confidence and/or make their life difficult?

03

How can a middle schooler support a person experiencing this discrimination?

04

What’s wrong with the system that’s creating this problem?

Case Study #8: Taylor



01

What “ism” or form of discrimination is present in the case study?
Circle one. Use the handout for help if you need it!

02

How could/does this type of discrimination (this “ism”) affect the
person’s body confidence and/or make their life difficult?

03

How can a middle schooler support a person experiencing this discrimination?

04

What’s wrong with the system that’s creating this problem?